

## **Photodynamic Therapy (Blue Light) or Chemical Peel Wound Care**

**Your treated skin is highly sensitive to sun exposure for the next 48 hours. For your protection:**

1. Avoid sun exposure for 48 hours after treatment.
2. Apply sunscreen every 2-4 hours during the daylight hours. Use sunscreen with an SPF of at least 40 for the next 48 hours.
3. When outdoors, wear protective clothing as necessary. (i.e., wide-brimmed hat, long sleeves, long pants, sunglasses, gloves, etc.)

**Response to treatment may include patchy redness, blotchiness, scabbing, and swelling. Temporary swelling may occur. Stinging and burning may last up to 24 hours after treatment. \*Extra Strength Tylenol may be taken as needed for discomfort - this really helps with skin pain - you should take it every 4-6 hours. You may also try Motrin or Aleve.**

**\*\*\*\*COMPLETE healing may take up to 2 weeks.**

**If scabbing occurs:**

1. Clean and dry the area with tap water using a Q-tip or gauze pad.
2. Apply Vaseline ointment over the entire area. Do **NOT** use Neosporin.
3. Cover wounds with Band-Aids or sterile non-stick gauze pad and micropore paper tape.

Repeat these instructions at least once a day until the wound has completely healed.

Continue normal diet, activity, and normal medications.